

76325 Developmental Program Services-Types of Restraints

(a)

Only the following types of restraints shall be used and are defined as: (1)

"Physical restraint" means restraint to control an acutely disturbed person to prevent the person from causing harm to self or others. This may be accomplished by means of a wide piece of muslin placed over the body, mittens, soft ties or a jacket consisting of sleeveless cloth webbing. A physical restraint can be of the hands, body or feet separately or in combination. The tying of hands or feet, whether or not the person is simultaneously restrained in a bed, chair or wheelchair shall be considered a physical restraint. Totally enclosed cribs and barred enclosures are also considered to be physical restraints. (2) "Chemical restraint" means the use of psychotropic or behavior-modifying drugs used to prevent a client from exhibiting an identified maladaptive behavior. (3)

"Treatment restraint" means the use of restraint during medically prescribed treatment or diagnostic procedures such as, but not limited to, intravenous therapy, tube feeding or catheterization. This may be accomplished by soft ties only, so as not to cause harm.

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